



CAREGIVER TRAUMA WORKSHOPS

Many people have lived through traumatic experiences. People often bring their traumas with them into our homes, schools, and communities. Trauma can affect a person's behavior, feelings, relationships, and view of the world in profound ways.

WHAT SHOULD I EXPECT TO LEARN IN THE WORKSHOPS?

PEOPLE WHO HAVE EXPERIENCED TRAUMA ARE:



Individuals in attendance can expect to:

- learn more about trauma and its impact on our life.
- identify ways to promote safety and wellbeing.

When is this workshop offered?

These workshops, a one-hour session, will be offered periodically at an Easterseals MORC location. There are no requirements to attend a workshop, simply sign up! Scan the QR code to the right for specific dates and location.



Sign up for a workshop here!

For more information, please email:
PSC_Parent_Navigator@eastersealsmorc.org

