



Common Ground  
**Behavioral Health**  
**URGENT CARE**

248-983-5454

[Commongroundhelps.org](http://Commongroundhelps.org)

Meet Michigan's  
**[VIRTUAL]**  
support system.

To meet the growing need for mental health services, Virtual Behavioral Health Urgent Care (VBHUC) was founded by the experts at Common Ground, the 24/7 crisis agency serving Michigan communities for more than 50 years.

Our virtual visit platform is staffed by master's level mental health clinicians and psychiatric nurse practitioners. The VBHUC delivers discreet, stigma-free support from licensed healthcare providers. Serving ages 12 and up.

Monday  
11am—8pm

Tuesday  
11am—8pm

Wednesday  
Closed

Thursday  
11am—8pm

Friday  
11am—8pm

Saturday & Sunday  
Closed

If help is needed outside of these hours,  
call our Resource & Crisis Hub:  
800-231-1127

Let us help you move  
from crisis to hope,

**FROM THE  
COMFORT  
OF HOME**



**ARE YOU IN URGENT NEED  
OF EMOTIONAL CARE?**

Schedule a virtual visit  
with a mental health expert.



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# A SAFE SPACE

For tough days.

**When you need immediate emotional or psychiatric support, Virtual Behavioral Health Urgent Care offers professional care from the privacy of your home.**

**Conditions:**

**Feeling anxious? Hopeless? Depressed? Overwhelmed? Stressed? Suicidal? Whatever your emotional distress may be, same day virtual visits are available to help you move from crisis to hope.**

*Helping people in crisis is at the heart of everything we do by offering hope, healing and recovery.*

## Care

During your confidential meeting, you'll talk to a compassionate clinician from a place that's comfortable for you. Our team of licensed mental healthcare providers is expertly trained to offer:

- Mental health assessments
- Psychiatric evaluations
- Intervention treatment
- Short-term, bridge prescriptions
- Care coordination with other providers

## Cost

The cost of a virtual visit is set by your health insurance company. We accept many major plans including: Blue Cross, Blue Care Network, Molina, HAP, Priority Health and Medicaid. Out-of-pocket payment is accepted if insurance is not available.

## Convenience

We make it easy to get urgent mental health care. Instead of waiting days or even weeks to be seen by a primary care provider or therapist, call to schedule a session with one of our experts. To use our tele-health platform, patients must have a smartphone or laptop with an internet connection and a valid email address. You will create an account after speaking with one of our representatives for your initial appointment, fill out a short questionnaire, then log-in for your appointment.

**CommonGroundHelps.org**

Call 248-983-5454 to set up your first appointment.

[Info@behavioralhealthurgentcare.org](mailto:Info@behavioralhealthurgentcare.org)

