**Easterseals Michigan - Family Services**

**Referral to Community Resources**

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| **Emergency:** Police/Fire – 911  **Non-Emergency Information:** 211  **Crisis Counseling:** Common Ground (24 hours) – 800-231-1127 or 248-456-0909  **General Assistance:** United Way First Call for Help – 800-552-1183 |

Based on the needs you identified today, we would like to offer the following suggestions regarding resources within the community that may meet your needs.

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| Outpatient Counseling Services  * Oakland Family Services: 248-858-7766 * Catholic Charities: 248-548-4044 * Centro Multicultural La Familia (Hispanic Services): 248-858-7800 ext.1008 * HAVEN (domestic violence): 248-334-1284 / Crisis Line: 248-334-1274 * New Oakland Child, Adolescent & Family Center: 248-855-1540 * Oakland University Counseling Center: 248-370-2633  Substance Abuse  * Alcoholic’s Anonymous: 248-332-3521 or 248-541-6565 * Alateen/Alanon-Family Groups: 248-706-1020 or [www.oaklandafg.org](http://www.oaklandafg.org) * FAN Families Against Narcotics: 248-221-7101 or 586-438-8500  Suicide Prevention  * Common Ground (24 Hours): 800-231-1127 * Teen Talkline 248-929-0194 * National Suicide Hotline: 1-800-273-TALK (1-800-273-8255) * National Suicide Hotline: 1-800-SUICIDE (1-800-784-2433) * Crisis Text Line: Text HOME to 741741 * Youthline: Text teen2teen to 839963 or (1-877-968-8491)  Domestic and Sexual Assault Shelters for Women and Children  * H A V E N (24 Hour Crisis) Helpline and shelter: 248-334-1274 * EVE’s House (Domestic Assault 24 Hours-Lansing): 517-372-5572 National Hotline:1-800-799-7233  Medical Care Assistance  * Dr. Gary Bernstein Community Health Clinic: 248-309-3752 (Pontiac) * Honor Community Health: 248-724-7600 (Southfield) * Ferncare Free Clinic: 248-677-2273 * Mercy Place: 248-333-0840 (Pontiac) * Oakland County Health: North 248-858-1280 & South 248-424-7000 * HUDA (Primary, dental & vision): 313-865-8446 (Detroit)   ***Education***   * Michigan Protection & Advocacy: 800-288-5923 [www.mpas.org](http://www.mpas.org) * Oakland County Youth Assistance: 248-858-0050 * Michigan Alliance for Families: 800-552-4821 * Mentoring- www.connect.mentoring.org   ***LGBTQ+ Community and Supports***   * Affirmations: 248-398-7105 * LGBT National Youth Hotline (Support): 1-800-246-7743 * The Trevor Project (Teen crisis and support): 1-866-488-7386 or text START to 678678 | ***Poison Control (National):*** 800-222-1222   * Children’s Hospital of Michigan (24 Hours): 313-745-5437  Child and Elder Abuse  * Protective Services (24 Hours): 855-444-3911 (Adult or Child) * Parents help line: 1-800-4A-PARENT * CARE House (Pontiac): 248-332-7173 * National Child Abuse Hotline: 1-800-422-4463 * Growth & Healing Support Group (teens- sexual abuse/assault) at Common Ground: 248-451-2621  Runaway  * Common Ground (24 Hours): 800-231-1127 * National Runaway Hotline (24 Hours): 800-RUNAWAY (1-800-786-2929  Food and Clothing  * FISH of Greater Pontiac (24 Hours): 248-334-5555 * Neighborhood House (Rochester Area): 248-651-5836 * Lighthouse (All locations): 248-920-6000 * Salvation Army (Pontiac): 248-334-2407 or (Royal Oak) 248-585-5600 * Troy People Concerned: 248-589-9199 * Open Door: 248-360-2930 * Ladies of Charity (St Hugo): 248-646-0920 * Furniture Bank of Southeastern Michigan: 248-332-1300 * OLHSA Central: 248-209-2600 South: 248-542-5860 * Gleaner’s Food Bank of SE Michigan (refer to local pantries available): 1-866-GLEANER  Shelters/Housing  * Grace Centers of Hope: 248-334-2187 * Community Housing Network: 248-929-1111 * South Oakland Shelter & Lighthouse: 248-920-6000 * Alliance for Housing: 248-269-1335  Legal Assistance  * [www.oakgov.com/libraries](http://www.oakgov.com/libraries) * Oakland County Lawyer Referral Service: 248-338-2100  Bullying and Social Media Information  * [www.stopbullying.gov](http://www.stopbullying.gov) * [www.internetmatters.org-advice](http://www.internetmatters.org-advice) by age and tips for parents   ***Autism***   * Oakland University- OUCares: 248-370-2424 * Autism Alliance of Michigan: 1-877-463-2266 |

**Other selected resources include:**

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