**Easterseals Michigan - Family Services**

**Referral to Community Resources**

|  |
| --- |
| **Emergency:** Police/Fire – 911**Non-Emergency Information:** 211**Crisis Counseling:** Common Ground (24 hours) – 800-231-1127 or 248-456-0909**General Assistance:** United Way First Call for Help – 800-552-1183 |

Based on the needs you identified today, we would like to offer the following suggestions regarding resources within the community that may meet your needs.

|  |  |
| --- | --- |
| Outpatient Counseling Services* Oakland Family Services: 248-858-7766
* Catholic Charities: 248-548-4044
* Centro Multicultural La Familia (Hispanic Services): 248-858-7800 ext.1008
* HAVEN (domestic violence): 248-334-1284 / Crisis Line: 248-334-1274
* New Oakland Child, Adolescent & Family Center: 248-855-1540
* Oakland University Counseling Center: 248-370-2633

Substance Abuse* Alcoholic’s Anonymous: 248-332-3521 or 248-541-6565
* Alateen/Alanon-Family Groups: 248-706-1020 or [www.oaklandafg.org](http://www.oaklandafg.org)
* FAN Families Against Narcotics: 248-221-7101 or 586-438-8500

Suicide Prevention* Common Ground (24 Hours): 800-231-1127
* Teen Talkline 248-929-0194
* National Suicide Hotline: 1-800-273-TALK (1-800-273-8255)
* National Suicide Hotline: 1-800-SUICIDE (1-800-784-2433)
* Crisis Text Line: Text HOME to 741741
* Youthline: Text teen2teen to 839963 or (1-877-968-8491)

Domestic and Sexual Assault Shelters for Women and Children* H A V E N (24 Hour Crisis) Helpline and shelter: 248-334-1274
* EVE’s House (Domestic Assault 24 Hours-Lansing): 517-372-5572 National Hotline:1-800-799-7233

Medical Care Assistance* Dr. Gary Bernstein Community Health Clinic: 248-309-3752 (Pontiac)
* Honor Community Health: 248-724-7600 (Southfield)
* Ferncare Free Clinic: 248-677-2273
* Mercy Place: 248-333-0840 (Pontiac)
* Oakland County Health: North 248-858-1280 & South 248-424-7000
* HUDA (Primary, dental & vision): 313-865-8446 (Detroit)

***Education**** Michigan Protection & Advocacy: 800-288-5923 [www.mpas.org](http://www.mpas.org)
* Oakland County Youth Assistance: 248-858-0050
* Michigan Alliance for Families: 800-552-4821
* Mentoring- www.connect.mentoring.org

***LGBTQ+ Community and Supports**** Affirmations: 248-398-7105
* LGBT National Youth Hotline (Support): 1-800-246-7743
* The Trevor Project (Teen crisis and support): 1-866-488-7386 or text START to 678678

  | ***Poison Control (National):*** 800-222-1222* Children’s Hospital of Michigan (24 Hours): 313-745-5437

Child and Elder Abuse* Protective Services (24 Hours): 855-444-3911 (Adult or Child)
* Parents help line: 1-800-4A-PARENT
* CARE House (Pontiac): 248-332-7173
* National Child Abuse Hotline: 1-800-422-4463
* Growth & Healing Support Group (teens- sexual abuse/assault) at Common Ground: 248-451-2621

Runaway* Common Ground (24 Hours): 800-231-1127
* National Runaway Hotline (24 Hours): 800-RUNAWAY (1-800-786-2929

Food and Clothing* FISH of Greater Pontiac (24 Hours): 248-334-5555
* Neighborhood House (Rochester Area): 248-651-5836
* Lighthouse (All locations): 248-920-6000
* Salvation Army (Pontiac): 248-334-2407 or (Royal Oak) 248-585-5600
* Troy People Concerned: 248-589-9199
* Open Door: 248-360-2930
* Ladies of Charity (St Hugo): 248-646-0920
* Furniture Bank of Southeastern Michigan: 248-332-1300
* OLHSA Central: 248-209-2600 South: 248-542-5860
* Gleaner’s Food Bank of SE Michigan (refer to local pantries available): 1-866-GLEANER

Shelters/Housing* Grace Centers of Hope: 248-334-2187
* Community Housing Network: 248-929-1111
* South Oakland Shelter & Lighthouse: 248-920-6000
* Alliance for Housing: 248-269-1335

Legal Assistance* [www.oakgov.com/libraries](http://www.oakgov.com/libraries)
* Oakland County Lawyer Referral Service: 248-338-2100

Bullying and Social Media Information* [www.stopbullying.gov](http://www.stopbullying.gov)
* [www.internetmatters.org-advice](http://www.internetmatters.org-advice) by age and tips for parents

***Autism**** Oakland University- OUCares: 248-370-2424
* Autism Alliance of Michigan: 1-877-463-2266
 |

**Other selected resources include:**

|  |  |  |
| --- | --- | --- |
|       |  |       |
|       |  |       |
|       |  |       |