**Easterseals Michigan – Adult Services**

**Referral to Community Resources**

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| **Emergency:** Police/Fire – 911**Non-Emergency Information:** 211**Crisis Counseling:** Common Ground (24 hours) – 800-231-1127 or 248-456-0909**General Assistance:** United Way First Call for Help – 800-552-1183 |

Based on the needs you identified today, we would like to offer the following suggestions regarding resources within the community that may meet your needs.

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| Outpatient Counseling Services* Oakland Family Services: 248-858-7766
* Catholic Charities: 248-548-4044
* Centro Multicultural La Familia (Hispanic Services): 248-858-7800 ext. 1008
* HAVEN (domestic violence): 248-334-1284 / Crisis Line: 248-334-1274
* New Oakland Child, Adolescent & Family Center: 248-855-1540
* Oakland University Counseling Center: 248-370-2633

Substance Abuse* Alcoholic’s Anonymous: 248-332-3521 or 248-541-6565
* Alateen/Alanon-Family Groups: 248-706-1020 or [www.oaklandafg.org](http://www.oaklandafg.org)
* Access for Substance Use Disorders: 248-464-6363
* Oakland Family Services (Counseling): 248-858-7766
* Catholic Charities (Counseling):248-338-4250
* Oakland County Office of Substance Abuse: 248-858-0001

Suicide Prevention* Common Ground (24 Hours): 800-231-1127 / 248-456-0909
* National Suicide Hotline: 1-800-273-TALK (1-800-273-8255)
* National Suicide Hotline: 1-800-SUICIDE (1-800-784-2433)
* Crisis Text Line: Text HOME to 741741
* Suicide Prevention Center (24 Hours): 313-224-7000

Domestic and Sexual Assault Shelters for Women and Children* HAVEN 24 Hour Crisis Helpline and shelter: 248-334-1274
* EVE’s House (Domestic Assault 24 Hours-Lansing. Women & children only): 517-372-5572
* LACASA (24-hours – Howell): 866.522.2725 lacasacenter.org
* First Step (24-hours Help Line) 734.722.6800 firststep-mi.org

Medical Care Assistance* Mercy Place: 248-333-0840
* Statewide HIV/STI Hotline: 800- 872-2437
* Honor Community Health (Pontiac): (248) 724-7600
* North Oakland Medical Center (Pontiac General): (248) 857-7200
* Karmanos/BCCP (Breast & Cervical Cancer Program): 877-221-6505
* Oakland County Health: North 248-858-1280 & South 248-424-7000
* Dr. Gary Bernstein Community Health Clinic: 248-309-3752 (Pontiac)
* St Joseph Outpatient Clinic (Henderson Clinic, sliding fee): 248-858-3126
* Wellness Plan Medical Center - Pontiac (Primary Health Services): 248-897-0900
* Partnership for Rx Assistance Program: 888.477.2669 / pparx.org

***Mental Health Information/Education/Support**** NAMI National Alliance on Mental Illness: 800-950-6264

***LGBTQ+ Community and Supports**** Affirmations: 248-398-7105
* LGBT National Youth Hotline (Support): 1-800-246-7743
* The Trevor Project (Teen crisis and support): 1-866-488-7386 or text START to 678678
 | ***Poison Control (National):*** 800-222-1222* Children’s Hospital of Michigan (24 Hours): 313-745-5437

Child and Elder Abuse* Protective Services (24 Hours): 855-444-3911 (Adult or Child)
* Parents help line: 1-800-4A-PARENT
* CARE House (Pontiac): 248-332-7173
* National Child Abuse Hotline: 1-800-422-4463
* Growth & Healing Support Group (teens- sexual abuse/assault) at Common Ground: 248-451-2621

Runaway* Common Ground (24 Hours): 800-231-1127
* National Runaway Hotline (24 Hours): 800-RUNAWAY / 1-800-786-2929
* Statewide Runaway Hotline: 800-292-4517

Food and Clothing* Oakland-Livingston Human Service Agency: 248-542-5860
* Neighborhood House (Rochester Area): 248-651-5836
* Lighthouse-All locations: 248-920-6000
* Salvation Army: (Pontiac) 248-334-2407 or (Royal Oak) 248585-5600
* Salvation Army-Farmington Hills/Southfield: 248-477-1153
* Troy People Concerned-Troy: 248-528-9199
* Open Door (Union Lk/White Lk/Waterford): 248-360-2930
* Gleaners Food Bank: 1-866-GLEANER
* Ladies of Charity (St Hugo): 248-646-0920
* Furniture Bank of SE Michigan: 248-332-1300

Shelters/Housing* Grace Centers of Hope: 248-334-2187
* HAVEN (24 Hours– Pontiac: Men, Women and Children): 248-334-1274
* South Oakland Shelter/Light House: 248-809-3773/248-920-6000
* Community Housing Network: 248-928-1111
* Alliance for Housing: 248-269-1335
* HOPE Warming Center: 248-499-7345

Legal Assistance* Oakland County Legal Aid: 248-253-1548
* Oakland County Lawyer Referral Service: 248-338-2100
* Michigan Protection & Advocacy Services: 800-288-5923 www.mpas.org

Transportation* SMART (fixed route, connector, door-to-door with advanced reservations, and Dial-A-Ride services for Wayne, Oakland & Macomb counties): 866-962-5515
* LogistiCare (for individuals w/Medicaid Only): 1-888-367-6557

Human Trafficking * The National Human Trafficking Resource Center (24-hour Help Line) 888.373.7888 / <http://www.traffickingresourcecenter.org/mission>
* Hope Against Trafficking: 248-838-9189
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**Other selected resources include:**

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