**Easterseals Michigan – Adult Services**

**Referral to Community Resources**

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| **Emergency:** Police/Fire – 911  **Non-Emergency Information:** 211  **Crisis Counseling:** Common Ground (24 hours) – 800-231-1127 or 248-456-0909  **General Assistance:** United Way First Call for Help – 800-552-1183 |

Based on the needs you identified today, we would like to offer the following suggestions regarding resources within the community that may meet your needs.

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| Outpatient Counseling Services  * Oakland Family Services: 248-858-7766 * Catholic Charities: 248-548-4044 * Centro Multicultural La Familia (Hispanic Services): 248-858-7800 ext. 1008 * HAVEN (domestic violence): 248-334-1284 / Crisis Line: 248-334-1274 * New Oakland Child, Adolescent & Family Center: 248-855-1540 * Oakland University Counseling Center: 248-370-2633  Substance Abuse  * Alcoholic’s Anonymous: 248-332-3521 or 248-541-6565 * Alateen/Alanon-Family Groups: 248-706-1020 or [www.oaklandafg.org](http://www.oaklandafg.org) * Access for Substance Use Disorders: 248-464-6363 * Oakland Family Services (Counseling): 248-858-7766 * Catholic Charities (Counseling):248-338-4250 * Oakland County Office of Substance Abuse: 248-858-0001  Suicide Prevention  * Common Ground (24 Hours): 800-231-1127 / 248-456-0909 * National Suicide Hotline: 1-800-273-TALK (1-800-273-8255) * National Suicide Hotline: 1-800-SUICIDE (1-800-784-2433) * Crisis Text Line: Text HOME to 741741 * Suicide Prevention Center (24 Hours): 313-224-7000  Domestic and Sexual Assault Shelters for Women and Children  * HAVEN 24 Hour Crisis Helpline and shelter: 248-334-1274 * EVE’s House (Domestic Assault 24 Hours-Lansing. Women & children only): 517-372-5572 * LACASA (24-hours – Howell): 866.522.2725 lacasacenter.org * First Step (24-hours Help Line) 734.722.6800 firststep-mi.org  Medical Care Assistance  * Mercy Place: 248-333-0840 * Statewide HIV/STI Hotline: 800- 872-2437 * Honor Community Health (Pontiac): (248) 724-7600 * North Oakland Medical Center (Pontiac General): (248) 857-7200 * Karmanos/BCCP (Breast & Cervical Cancer Program): 877-221-6505 * Oakland County Health: North 248-858-1280 & South 248-424-7000 * Dr. Gary Bernstein Community Health Clinic: 248-309-3752 (Pontiac) * St Joseph Outpatient Clinic (Henderson Clinic, sliding fee): 248-858-3126 * Wellness Plan Medical Center - Pontiac (Primary Health Services): 248-897-0900 * Partnership for Rx Assistance Program: 888.477.2669 / pparx.org   ***Mental Health Information/Education/Support***   * NAMI National Alliance on Mental Illness: 800-950-6264   ***LGBTQ+ Community and Supports***   * Affirmations: 248-398-7105 * LGBT National Youth Hotline (Support): 1-800-246-7743 * The Trevor Project (Teen crisis and support): 1-866-488-7386 or text START to 678678 | ***Poison Control (National):*** 800-222-1222   * Children’s Hospital of Michigan (24 Hours): 313-745-5437  Child and Elder Abuse  * Protective Services (24 Hours): 855-444-3911 (Adult or Child) * Parents help line: 1-800-4A-PARENT * CARE House (Pontiac): 248-332-7173 * National Child Abuse Hotline: 1-800-422-4463 * Growth & Healing Support Group (teens- sexual abuse/assault) at Common Ground: 248-451-2621  Runaway  * Common Ground (24 Hours): 800-231-1127 * National Runaway Hotline (24 Hours): 800-RUNAWAY / 1-800-786-2929 * Statewide Runaway Hotline: 800-292-4517  Food and Clothing  * Oakland-Livingston Human Service Agency: 248-542-5860 * Neighborhood House (Rochester Area): 248-651-5836 * Lighthouse-All locations: 248-920-6000 * Salvation Army: (Pontiac) 248-334-2407 or (Royal Oak) 248585-5600 * Salvation Army-Farmington Hills/Southfield: 248-477-1153 * Troy People Concerned-Troy: 248-528-9199 * Open Door (Union Lk/White Lk/Waterford): 248-360-2930 * Gleaners Food Bank: 1-866-GLEANER * Ladies of Charity (St Hugo): 248-646-0920 * Furniture Bank of SE Michigan: 248-332-1300  Shelters/Housing  * Grace Centers of Hope: 248-334-2187 * HAVEN (24 Hours– Pontiac: Men, Women and Children): 248-334-1274 * South Oakland Shelter/Light House: 248-809-3773/248-920-6000 * Community Housing Network: 248-928-1111 * Alliance for Housing: 248-269-1335 * HOPE Warming Center: 248-499-7345  Legal Assistance  * Oakland County Legal Aid: 248-253-1548 * Oakland County Lawyer Referral Service: 248-338-2100 * Michigan Protection & Advocacy Services: 800-288-5923 www.mpas.org  Transportation  * SMART (fixed route, connector, door-to-door with advanced reservations, and Dial-A-Ride services for Wayne, Oakland & Macomb counties): 866-962-5515 * LogistiCare (for individuals w/Medicaid Only): 1-888-367-6557  Human Trafficking  * The National Human Trafficking Resource Center (24-hour Help Line) 888.373.7888 / <http://www.traffickingresourcecenter.org/mission> * Hope Against Trafficking: 248-838-9189 |

**Other selected resources include:**

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