

# BEHAVIORAL HEALTH URGENT CARE



Services are available regardless of ability to pay.

Most insurances are accepted and a sliding fee scale is available.

We serve adults and youth experiencing a non-life-threatening crisis, regardless of diagnosis or insurance status. These services are available in person on a walk-in basis to both individuals we are already serving and those new to us.

## What we assist with:

- Mental health crisis
- Symptoms of anxiety, depression, or increased stress
- Challenges with life events leading to self-identified crisis
- Drug or alcohol risk and concerns
- Thoughts of self-harm or suicidal ideation
- Emotional distress related to trauma or past experiences

## Services offered:

- Crisis Intervention and Stabilization
- Brief, solution-focused counseling
- Nursing Assessment and health screening
- Education/Coping Strategies
- Safety Planning
- Connection to community resources
- Medication consultation and management
- Trauma-informed, harm reduction, and person-centered care
- A safe place to decompress/recover/stabilize

**If you are experiencing a life-threatening medical or behavioral health emergency, please visit your nearest emergency room or dial 988.**

Questions? Contact us at  
[EM\\_BHUC@eastersealsmorc.org](mailto:EM_BHUC@eastersealsmorc.org) or 248-372-5062

Scan below for address, hours, and more!

