

MARCH IS DEVELOPMENTAL DISABILITIES AWARENESS MONTH!

This month and beyond, we're celebrating the amazing talents, strengths, and achievements of people with special abilities. We invite you to See the Good, see the possibilities in everyone, and to lift others up as they chase their goals and dreams.



Get Involved

Take Action & Show the Good:

- Participate in the **"How I See the Good challenge"** on social media.
 - Tag Easterseals MORC on social media and use the following hashtags: #SEetheGOOD, #SHOWtheGOOD, and #EastersealsMORC
- Browse **posts you can share** and change your virtual meeting background to encourage your network to See the Good!
- Pick up a limited edition **See the Good sticker sheet** at your nearest Easterseals MORC location, while supplies last!
- Browse our list of **ways you can See the Good everyday**.

Winter Paralympics 2026:

- Cheer on 600+ Paralympians from 50 countries competing in the **2026 Winter Paralympics**, taking place March 6-15, 2026.

Listen:

- Check out Easterseals National's **Everything You Know About Disability Is Wrong** podcast!

Resources

Learn:

- Learn more about Intellectual and Developmental Disabilities and download our free disability etiquette guide **HERE**.
- Explore **My Itty-Bitty Bio**, **Understanding Disability**, and **How Can I Help?** series to learn more about influential members of the disability community, better understand disabilities, and discover ways you can make a difference.
- Learn about the central purpose in a **Culture of Gentleness** as well as the six elements that make up this approach.

Watch:

- **Discover the Dani Plan** - created for parents and caregivers to securely organize and consolidate information needed to care for their loved one with special needs.
 - Claim a free year by using code **ES44** at checkout when you **register**.
- **See the Good** - educating and bringing awareness to individuals with unique abilities and senior citizens.
- **The Good We Do Now: Building Successful Futures** - Take action to help build bright, strong futures for individuals with developmental disabilities and/or special needs.

