



## E3 SCHOOL-BASED THERAPY SERVICES

**Expanding, enhancing, emotional health (E3) model is defined as services provided by mental health professionals designed specifically for children and adolescents ages 5–21 years\* and are aimed at achieving the best possible social and emotional health outcomes. This is done by providing comprehensive mental health services.**

### THE E3 PROGRAM OVERVIEW:

Easterseals MORC E3 programs are grant funded and co-located within Grand Blanc West Middle School and Fenton High School. The program's objective is to address current behavioral health issues including mental health and substance use by providing mental health consultation, services and support.

### ELIGIBILITY:

This program will be focused on those who reside in Fenton and Grand Blanc that fall within the age range of 5-21 years old. The target population is children located in Grand Blanc West Middle School and Fenton High School. Individuals shall be provided with designated hours for services. Easterseals MORC has an established process for billing Medicaid, Medicaid Health plans and other third-party payers for services rendered. Any revenue generated must be used to sustain the E3 program and its services. Sliding fee scales are available, and no individual will be denied services because of inability to pay.

### E3 SERVICE HOURS/AVAILABILITY:

The E3 Program is in operation during school hours, and special arrangements can be made for appointments needed after school hours. The E3 Program is available to individuals served during school breaks via telehealth or in the school if the school is open to students. Care will be coordinated for individuals in the summer and/or other periods of time when school is not in session.

All individuals will be advised of provisional plannings for services during breaks, outside of regular office hours, weekend, or episodes when a clinician is away for extended periods. An after-hours voice mail prompt will be included on the E3 Clinician's phone, with instructions for accessing appropriate services in the event of a mental health or other crisis.

*Not in session refers to times of the year when schools are closed for extended periods such as holidays, breaks, and summer vacation. Clinician are not responsible for emergency or after-hours crisis care.*



## E3 SCHOOL-BASED THERAPY SERVICES (CONT.)

### PARENTAL CONSENT:

Parents and/or legal guardians will sign consent for behavioral health services for the student seeking services. The consent will be an Easterseals MORC standard consent within the electronic medical record. By signing the Easterseals MORC standard consent, the parent is consenting to their child receiving mental health consultation, services, and support. The parent may choose to sign a consent to exchange health information with the school the individual attends.

### MINOR CONSENT:

Per the Michigan Mental Health code act 258, individuals aged 14 and over can request services without parental consent. Services under minor consent are limited to 12 sessions or 4 months, whichever comes first. This is appropriate for students who are expressing concerns regarding parental involvement in therapy due to possible safety concerns or parents who are unsupportive of mental health services. For all other cases, it is best practice to have parental consent and involvement in the therapeutic process.

The E3 program mental health professionals do not provide abortion counseling, services, or make referrals for abortion services under any circumstances. The E3 program staff shall not prescribe, dispense, or otherwise distribute family planning drugs and/or devices.



### INDIVIDUAL RIGHTS WHEN RECEIVING E3 SERVICES IN THE SCHOOL:

- **You have the right to choose**
  - You have the right to change providers or choose to discontinue services at any point in your treatment.
  - You have the right to be informed of details about your provider and treatment choices.
- **You have a right to privacy**
  - You have the right to privacy and protection of your personal treatment information.
  - You have the right to obtain copies of your treatment record.
  - There are some exceptions to the privacy rules, which you have the right to be informed about.
- **You have the right to be accepted**
  - You have the right to be treated with dignity and respect regardless of your race, color, sex, sexual orientation/preferences, gender identity, religion, disability, age, or nationality/ethnic origin.
- **You have a right to have a say**
  - You have the right to participate in your treatment plan and understand what to expect in treatment.
  - You have the right to be informed of treatment options and alternatives.
  - You have the right to share if you are dissatisfied with your treatment.
  - You have the right to refuse, discontinue or delay treatment at any time.



**SHARE YOUR FEEDBACK ABOUT E3 HERE!**

### E3 MENTAL HEALTH PROFESSIONALS MUST BREAK CONFIDENTIALITY IN THE FOLLOWING SITUATIONS:

- If someone is hurting you or neglecting your basic needs.
- If you have a plan to harm yourself or others.